

Collaboration, culture, convenience



Building Highlights



Immediate access to I-5 & express lanes



State-of-the-art fitness center & wellness amenities



Secure bike storage, showers & lockers



Abundant outdoor green space, >1 acre site



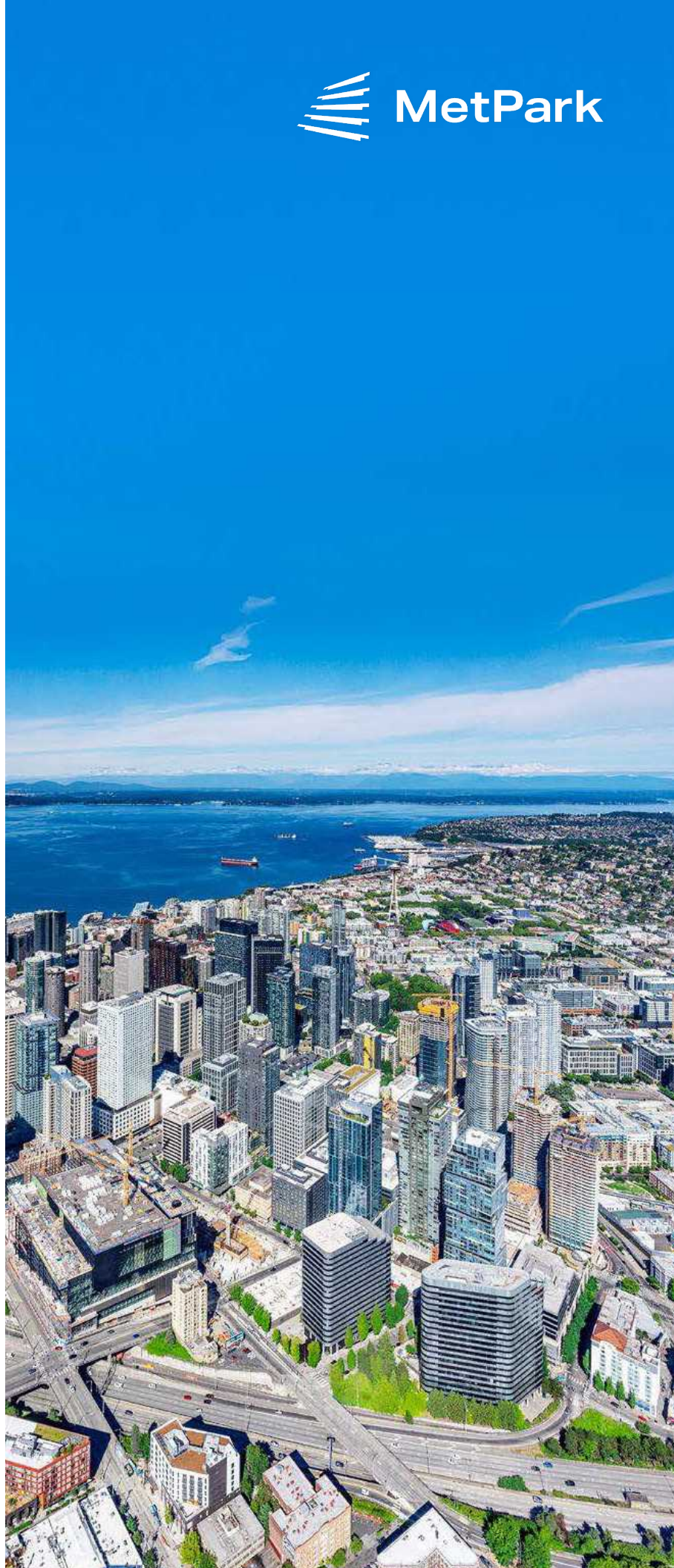
On-site management at 24-hour, 365 security staff



Flexible Floor Plates: 21,200 SF



Secure Parking Ratio: 1/1,000 SF



Building Amenities



Met Club East Wellness & Lifestyle Amenities

Fully equipped fitness center with dedicated yoga/class studio, spa-style showers, and lockers, along with a modern tenant lounge and beautiful outdoor deck

[▶ GYM](#) [▶ LOUNGE/DECK](#)



Bike Storage

Secured bike garage and dedicated Refresh Rooms with showers & lounge space

Conference Center

Flexible conferencing facilities with catering kitchen & meeting rooms of various sizes

[▶ WEST BELLEVUE CONF ROOM](#)

[▶ WEST SEATTLE CONF ROOM](#)

Available Spaces



East Building

TOUR	FLOOR	SUITE	RSF	AVAILABILITY
	2	209	7,158	Now
	2	210	1,739	Now
	2	211	1,439	Now
	7	700	21,262	Now
	8	800	21,262	Now
	10	1000	11,615	Now
	10	1050	9,647	12/1/26
	11	1100	7,042	Now
	11	1130	3,624	Now
	12	1200	21,053	Now
	13	1350	2,751	Now
	15	1500	21,615	Now
	16	1600	21,615	Now
	17	1700	21,615	Now
	20	2000 A1	5,614	Now
	20	2000 A2	4,958	Now
	20	2000 (A1/A2)	10,573	Now

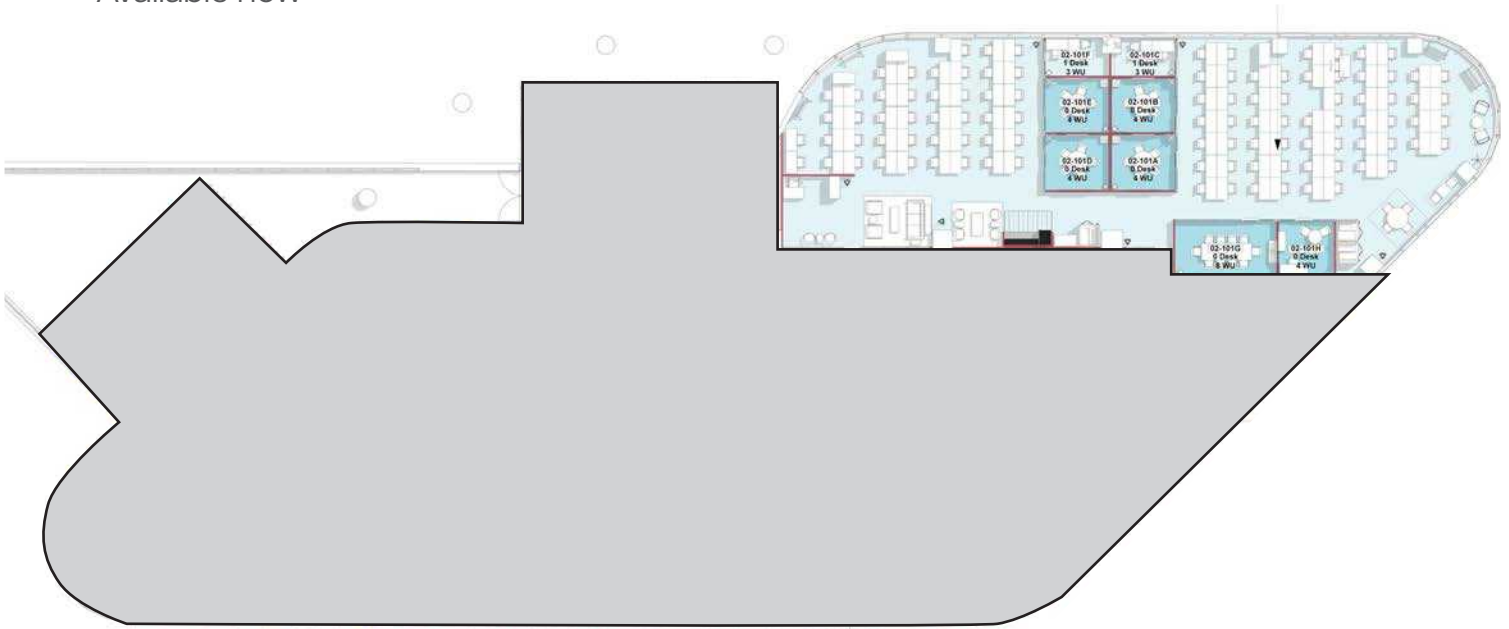
West Building


TOUR	FLOOR	SUITE	RSF	AVAILABILITY
	1	102	5,372	Now
	1	150	5,573	Now
	4	400	21,214	Now
	5	500	21,217	Now
	6	600	21,190	Now
	7	700	21,211	Now
	8	800	13,446	Now
	9	910	5,615	Now
	9	930	2,946	Now
	9	940	2,748	Now
	9	950	4,123	Now
	10	1000	7,877	Now
	10	1030	13,334	Now
	11	1100	11,078	Now
	11	1150	9,569	Now
	12	1200	8,579	Now
	12	1225	5,488	Now
	15	1550	4,435	Now
	15	1580	13,505	Now
	16	1600	20,965	Now
	17	1700	16,474	Now
	18	1800	9,295	Now



Suite 209

- 7,158 RSF
- Plug & play, former WeWork
- Access to shared kitchen on floor
- Directly adjacent to Met Club East amenity space and fitness center
- Available now



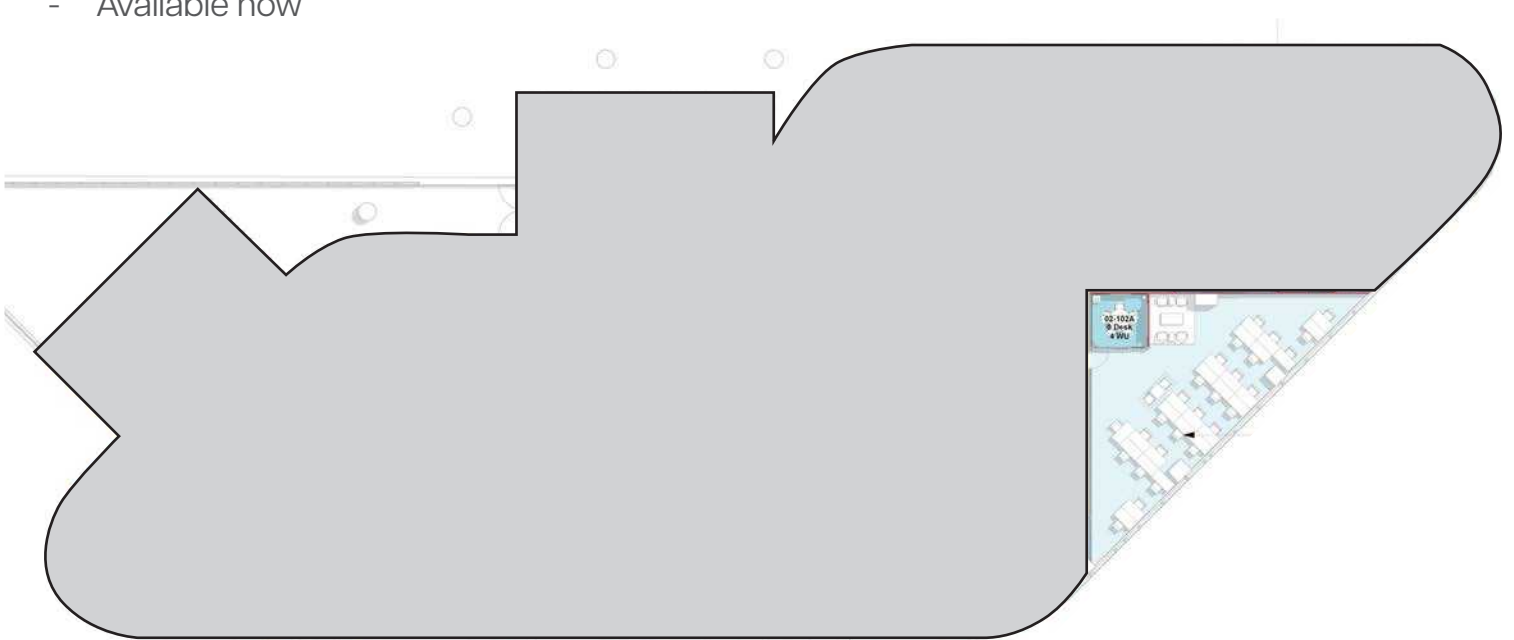
 **BACK TO AVAILABLE SPACE**

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

Suite 210

- 1,739 RSF
- Plug & play, former WeWork
- Access to shared kitchen on floor
- Directly adjacent to Met Club East amenity space and fitness center
- Available now

 **VIRTUAL TOUR**



BACK TO AVAILABLE SPACE

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

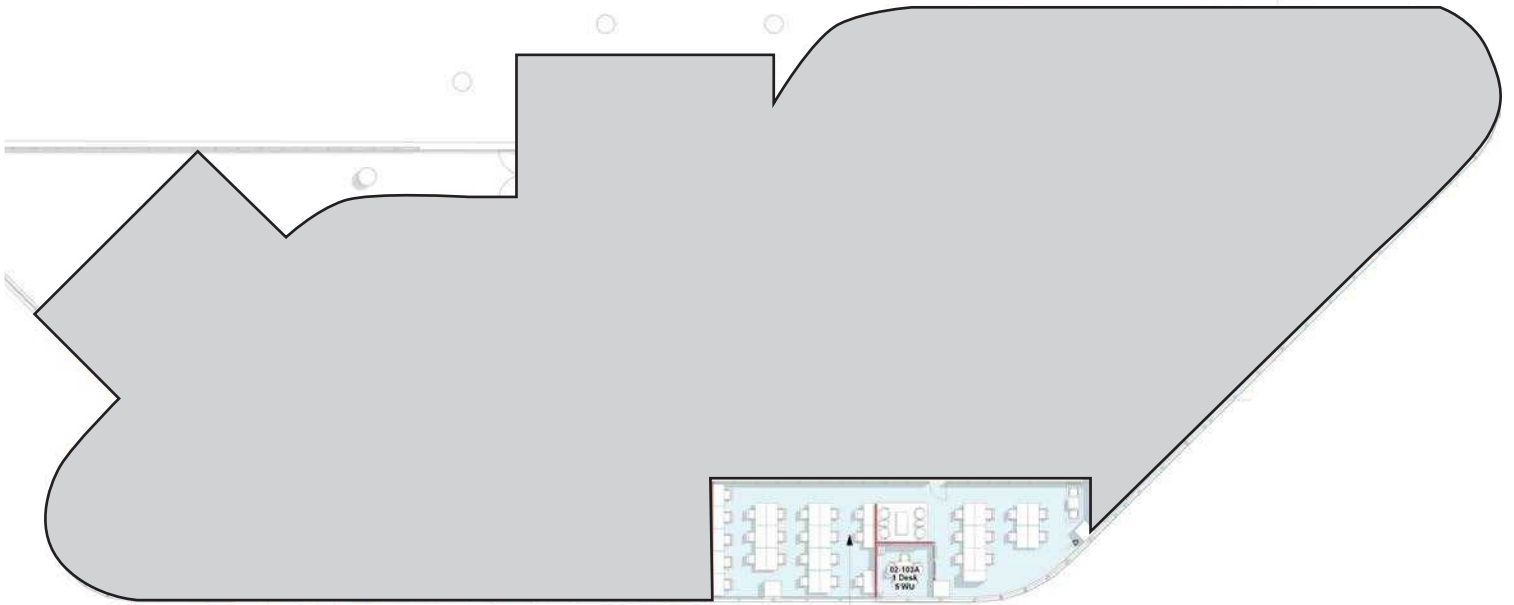
East Building



Suite 211

- 1,439 RSF
- Plug & play, former WeWork
- Access to shared kitchen on floor
- Directly adjacent to Met Club East amenity space and fitness center
- Available now

[▶ VIRTUAL TOUR](#)



[↑ BACK TO AVAILABLE SPACE](#)

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

BEACON

BRODERICK
GROUP

Larry Almeleh | 206.910.0859
almeleh@broderickgroup.com


Lauren Hallgrimson | 206.948.4440
hallgrimson@broderickgroup.com

Suite 700

- 21,262 RSF
- Move-in ready with furniture
- Available Now

 **VIRTUAL TOUR**



 **BACK TO AVAILABLE SPACE**


1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

Suite 800

- 21,262 RSF
- Move-in ready with furniture
- Available Now

 **VIRTUAL TOUR**



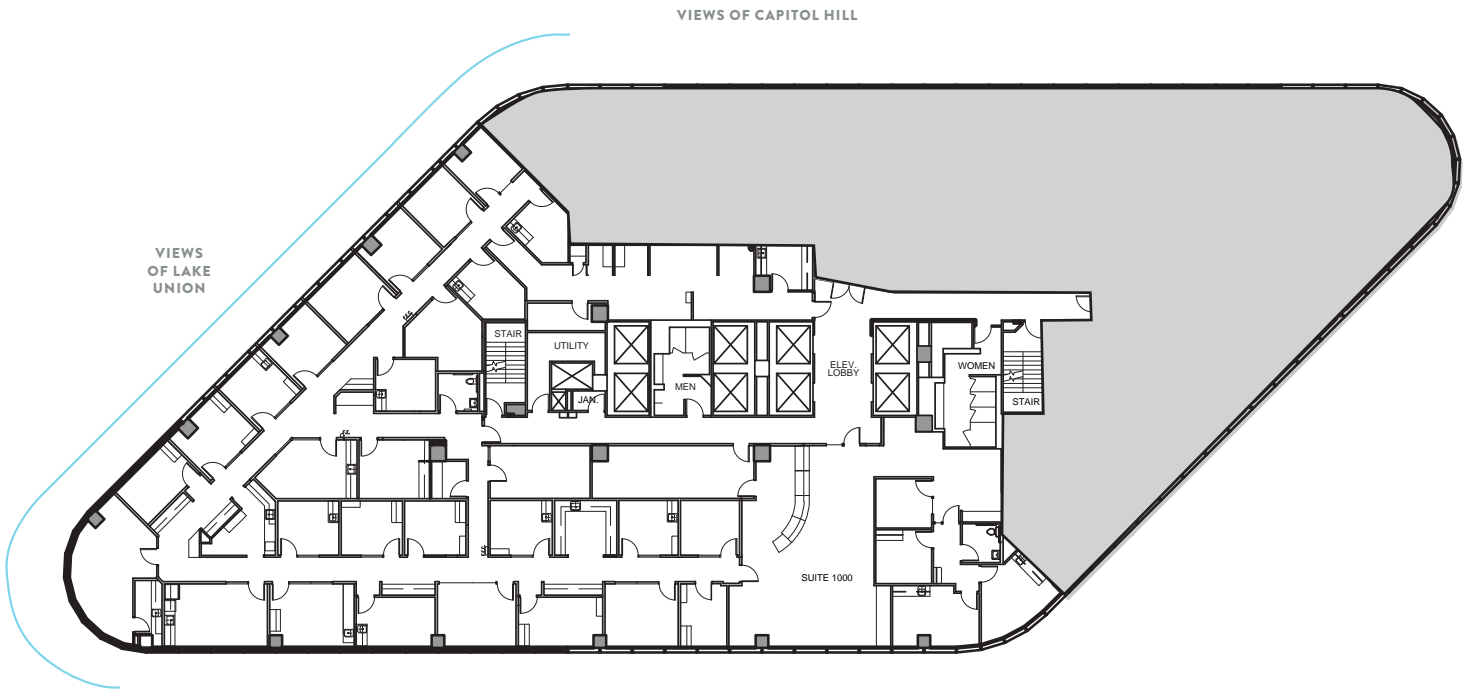
 **BACK TO AVAILABLE SPACE**

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

Suite 1000

- 11,615 RSF
- Second generation clinic space with existing plumbing and exam rooms
- Available Now

 **VIRTUAL TOUR**

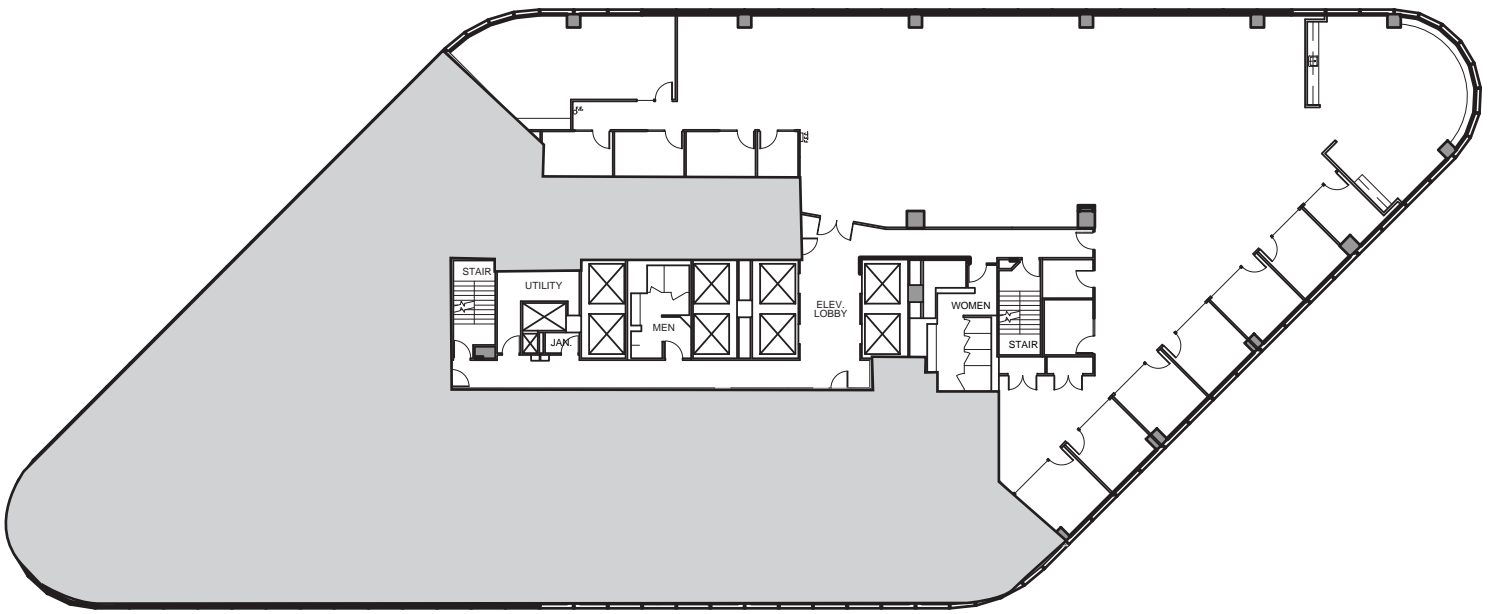



BACK TO AVAILABLE SPACE

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

Suite 1050

- 9,647 RSF
- Efficient space with perimeter private offices, large open area, and kitchen/break area.
- Available 12/1/2026



 **BACK TO AVAILABLE SPACE**

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

East Building



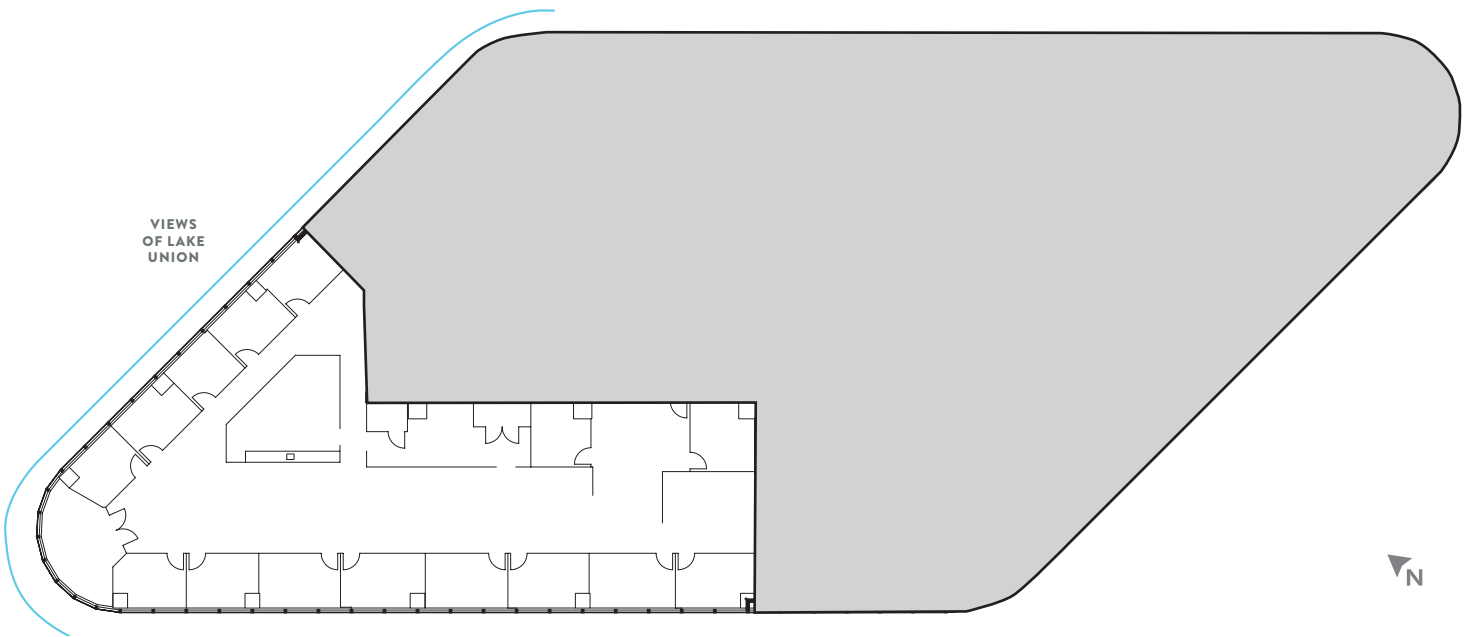
Suite 1100

- 7,042 RSF
- Available now

 [VIRTUAL TOUR](#)

VIEWS OF CAPITOL HILL

VIEWS OF LAKE UNION



[BACK TO AVAILABLE SPACE](#)

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

BEACON

BRODERICK
GROUP

Larry Almeleh | 206.910.0859
almeleh@broderickgroup.com

Lauren Hallgrimson | 206.948.4440
hallgrimson@broderickgroup.com

East Building



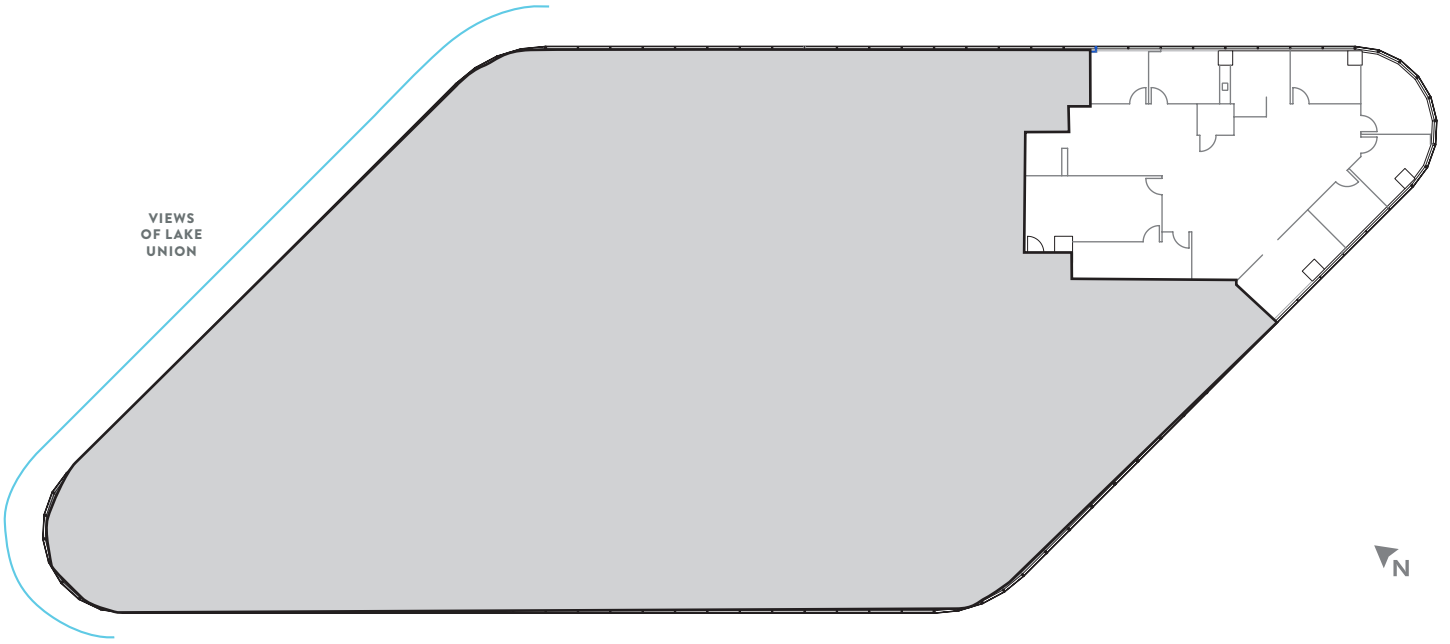
Suite 1130

- 3,624 RSF
- Available Now

[▶ VIRTUAL TOUR](#)

VIEWS OF CAPITOL HILL

VIEWS OF LAKE UNION



BACK TO AVAILABLE SPACE

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

BEACON

BRODERICK
GROUP

Larry Almeleh | 206.910.0859
almeleh@broderickgroup.com

Lauren Hallgrimson | 206.948.4440
hallgrimson@broderickgroup.com

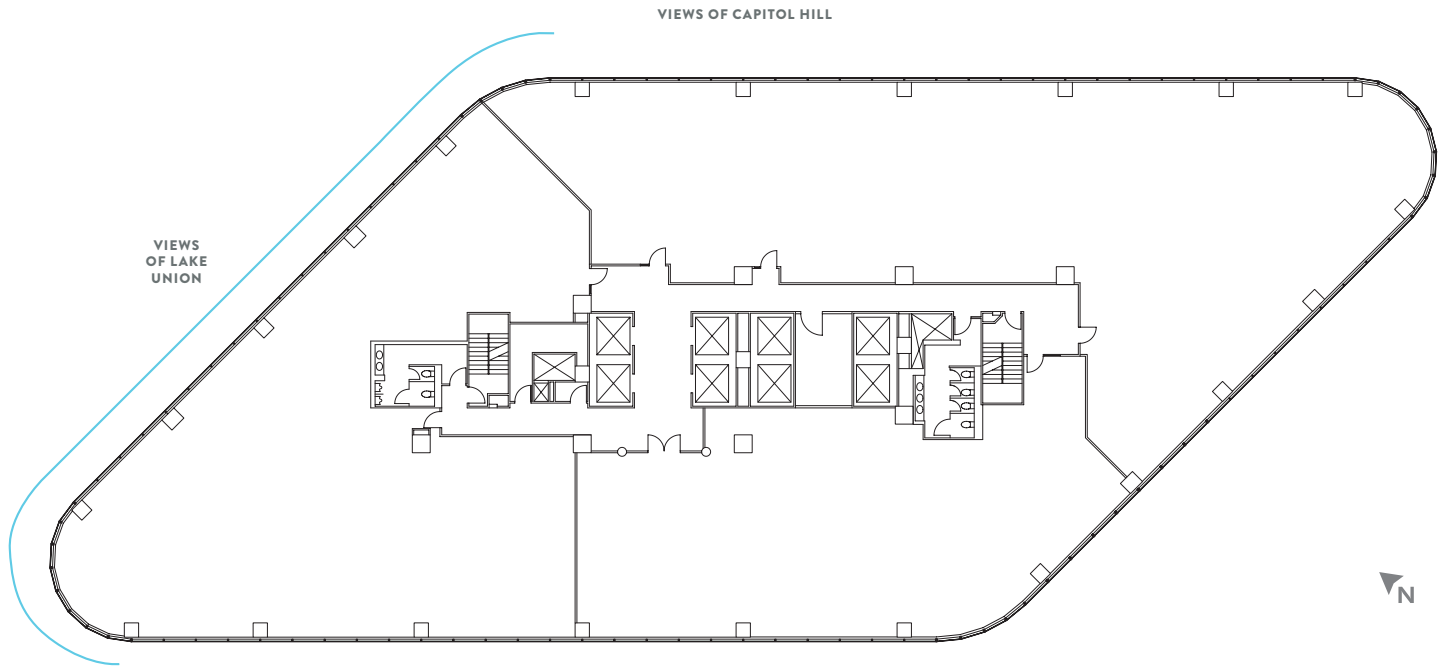
East Building



Suite 1200

- 21,053 RSF
- Available Now

[▶ VIRTUAL TOUR](#)



[BACK TO AVAILABLE SPACE](#)

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

BEACON

BRODERICK
GROUP

Larry Almeleh | 206.910.0859
almeleh@broderickgroup.com

Lauren Hallgrimson | 206.948.4440
hallgrimson@broderickgroup.com

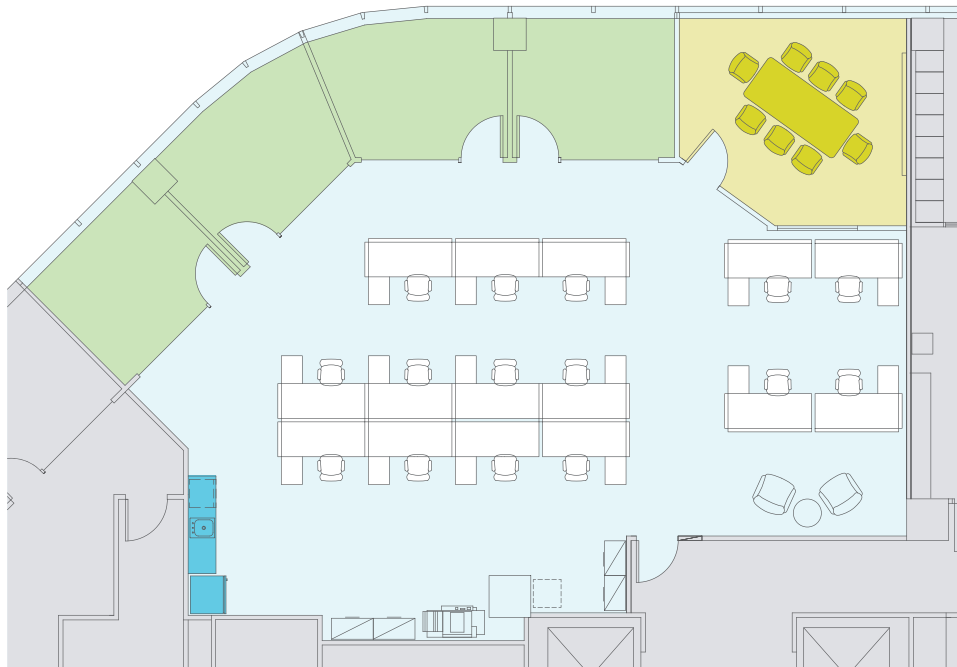
East Building



Suite 1350

- 2,751 RSF
- Available Now

[▶ VIRTUAL TOUR](#)



BACK TO AVAILABLE SPACE

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

BEACON

BRODERICK
GROUP

Larry Almeleh | 206.910.0859
almeleh@broderickgroup.com

Lauren Hallgrimson | 206.948.4440
hallgrimson@broderickgroup.com

East Building



Suite 1500

- 21,615 RSF
- Available Now

[▶ VIRTUAL TOUR](#)



[↑ BACK TO AVAILABLE SPACE](#)

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

BEACON

BRODERICK
GROUP

Larry Almeleh | 206.910.0859
almeleh@broderickgroup.com

Lauren Hallgrimson | 206.948.4440
hallgrimson@broderickgroup.com

East Building



Suite 1600

- 21,615 RSF
- Available Now

[▶ VIRTUAL TOUR](#)



[↑ BACK TO AVAILABLE SPACE](#)

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

BEACON

BRODERICK
GROUP

Larry Almeleh | 206.910.0859
almeleh@broderickgroup.com

Lauren Hallgrimson | 206.948.4440
hallgrimson@broderickgroup.com

Suite 1700

- 21,615 RSF
- Available Now

VIRTUAL TOUR



BACK TO AVAILABLE SPACE

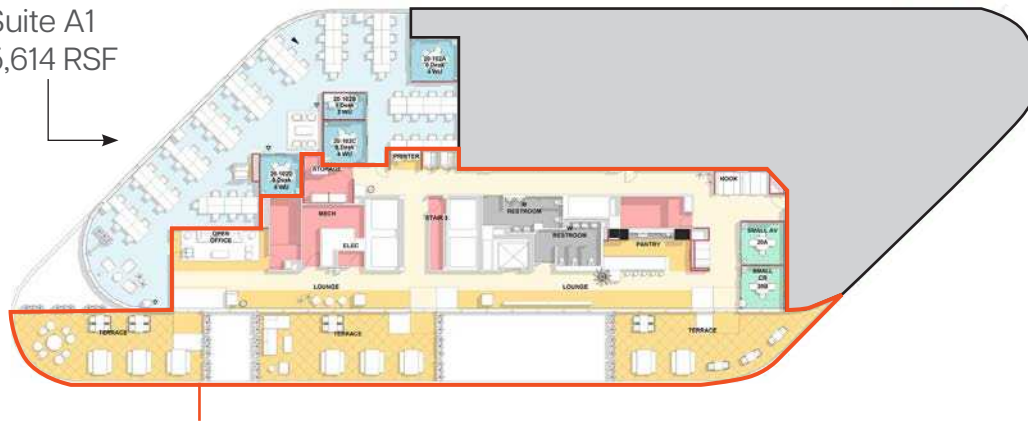
1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

Suite 2000

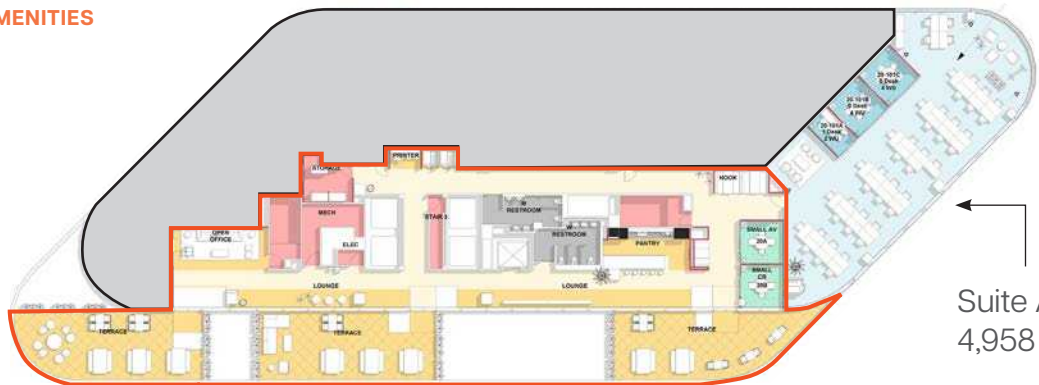
- 10,572 RSF (A1 - 5,614 RSF, A2 - 4,958 RSF)
- Fully furnished spec suites with private deck
- Available Now

 **VIRTUAL TOUR**

Suite A1
5,614 RSF




COMMON FLOOR AMENITIES



Suite A2
4,958 RSF

COMMON FLOOR AMENITIES

 **BACK TO AVAILABLE SPACE**

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

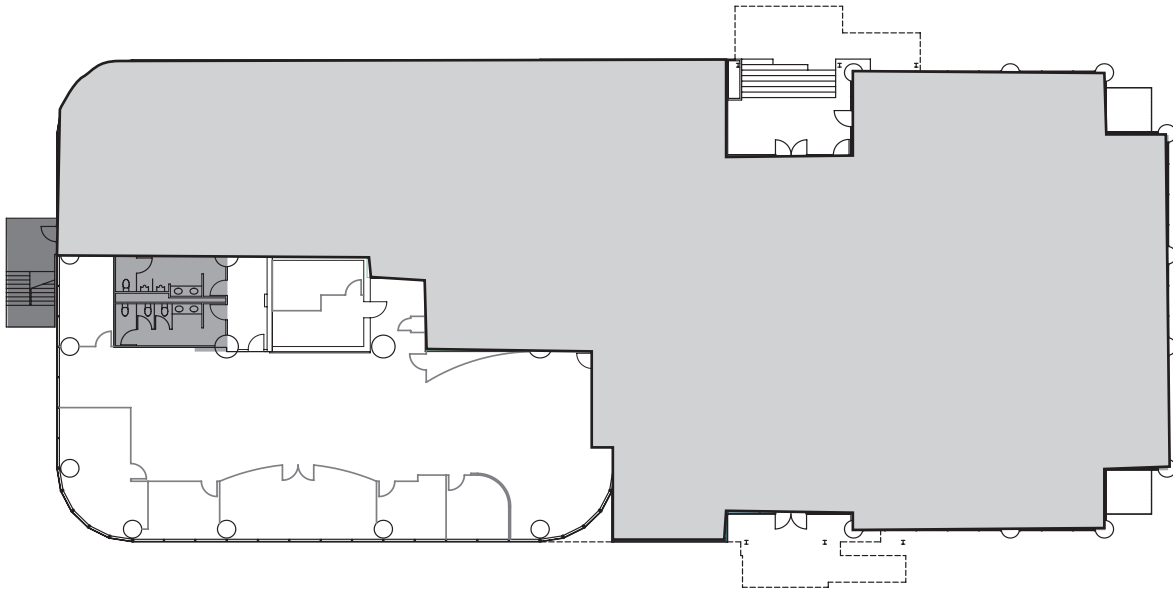
West Building



Suite 102

- 5,372 RSF
- Available Now

[▶ VIRTUAL TOUR](#)



[BACK TO AVAILABLE SPACE](#)

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

BEACON

BRODERICK
GROUP

Larry Almeleh | 206.910.0859
almeleh@broderickgroup.com

Lauren Hallgrimson | 206.948.4440
hallgrimson@broderickgroup.com

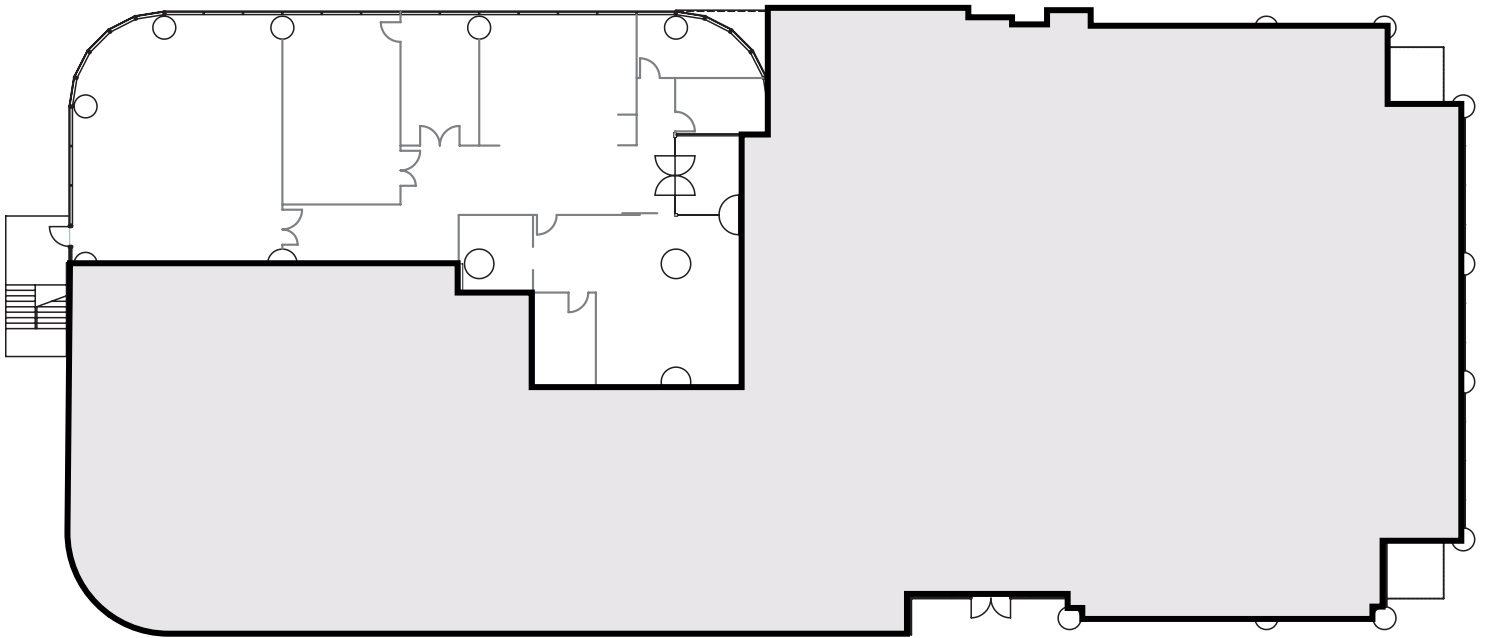
West Building



Suite 150

- 5,573 RSF
- Available Now

[▶ VIRTUAL TOUR](#)



[BACK TO AVAILABLE SPACE](#)

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

BEACON

BRODERICK
GROUP

Larry Almeleh | 206.910.0859
almeleh@broderickgroup.com

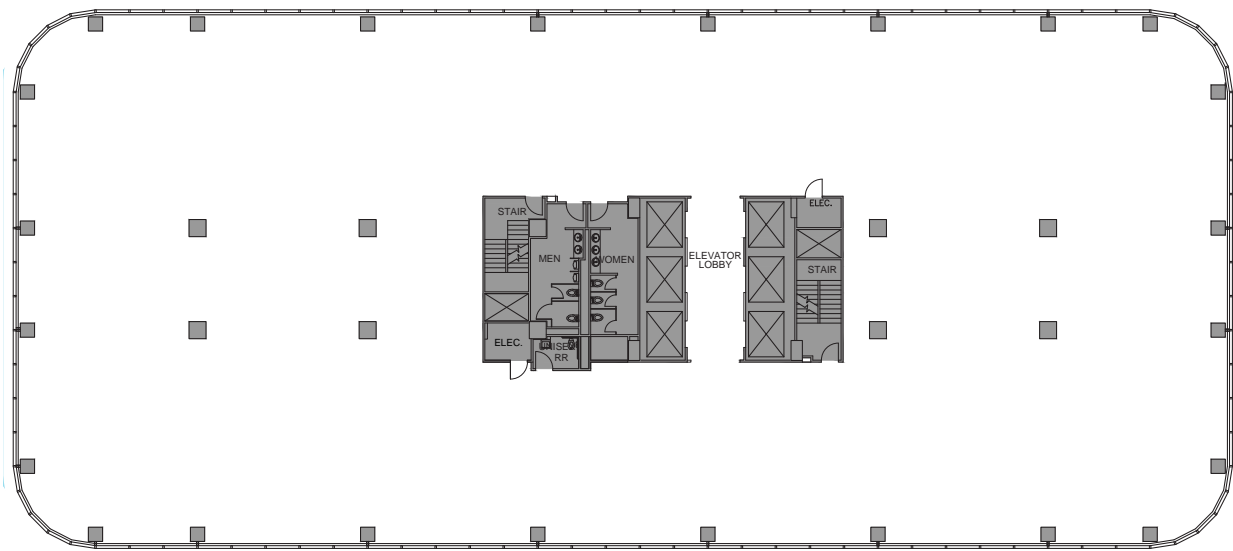
Lauren Hallgrimson | 206.948.4440
hallgrimson@broderickgroup.com


Suite 400

- 21,214 RSF
- Available Now

 **VIRTUAL TOUR**

VIEWS OF CAPITOL HILL



 **BACK TO AVAILABLE SPACE**

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

West Building

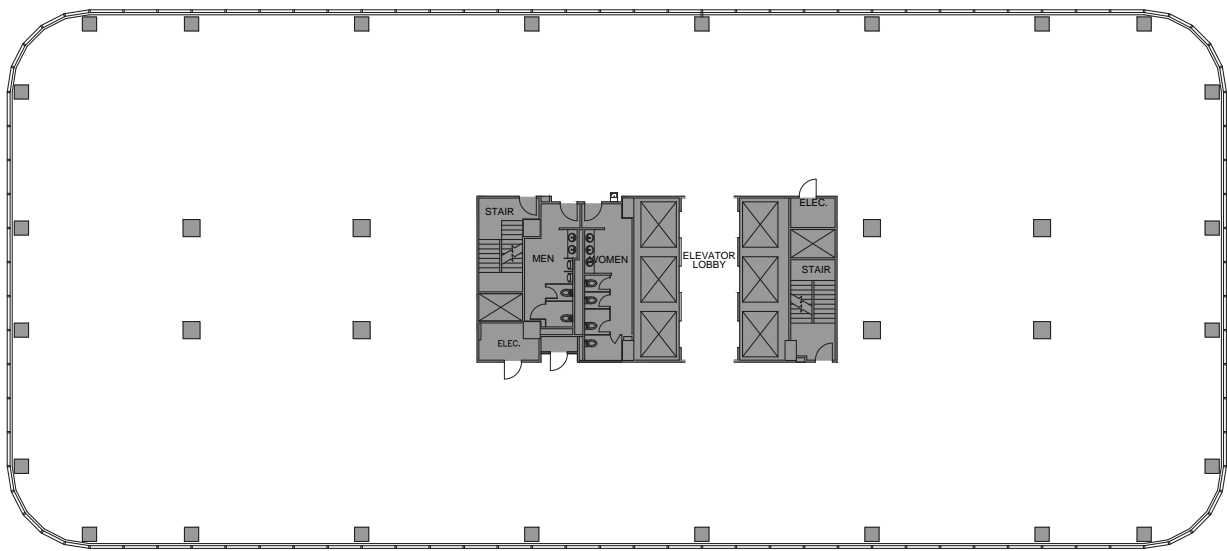


Suite 500

- 21,217 RSF
- Available Now

 [VIRTUAL TOUR](#)

VIEWS OF CAPITOL HILL



[BACK TO AVAILABLE SPACE](#)

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

BEACON

BRODERICK
GROUP

Larry Almeleh | 206.910.0859
almeleh@broderickgroup.com

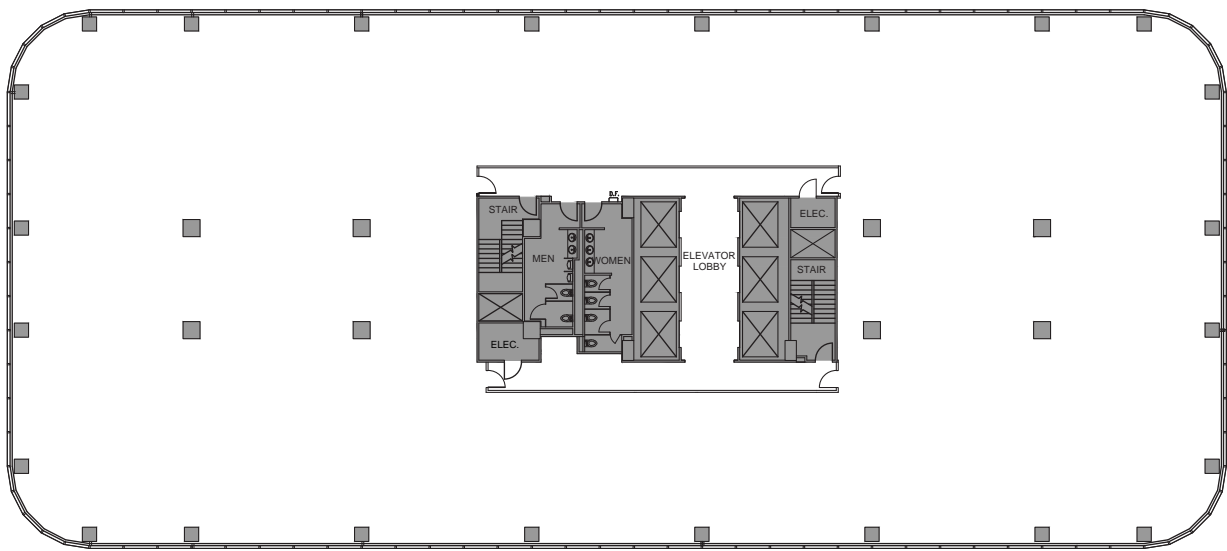
Lauren Hallgrimson | 206.948.4440
hallgrimson@broderickgroup.com


Suite 600

- 21,190 RSF
- Available Now

 **VIRTUAL TOUR**

VIEWS OF CAPITOL HILL



 **BACK TO AVAILABLE SPACE**

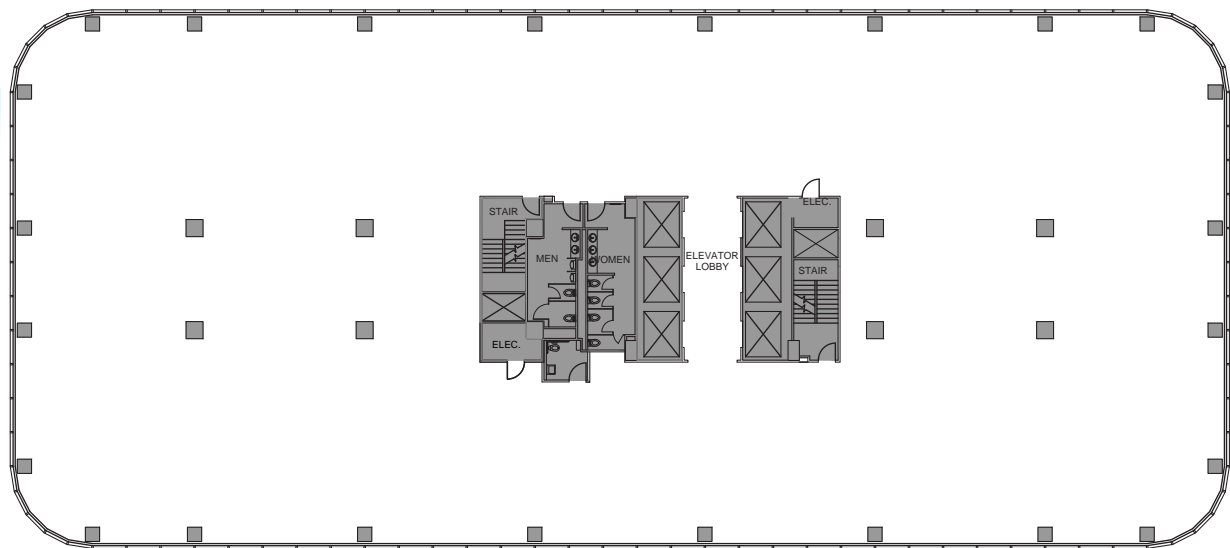
1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com


Suite 700

- 21,211 RSF
- Available Now

 **VIRTUAL TOUR**

VIEWS OF CAPITOL HILL



 **BACK TO AVAILABLE SPACE**

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

West Building

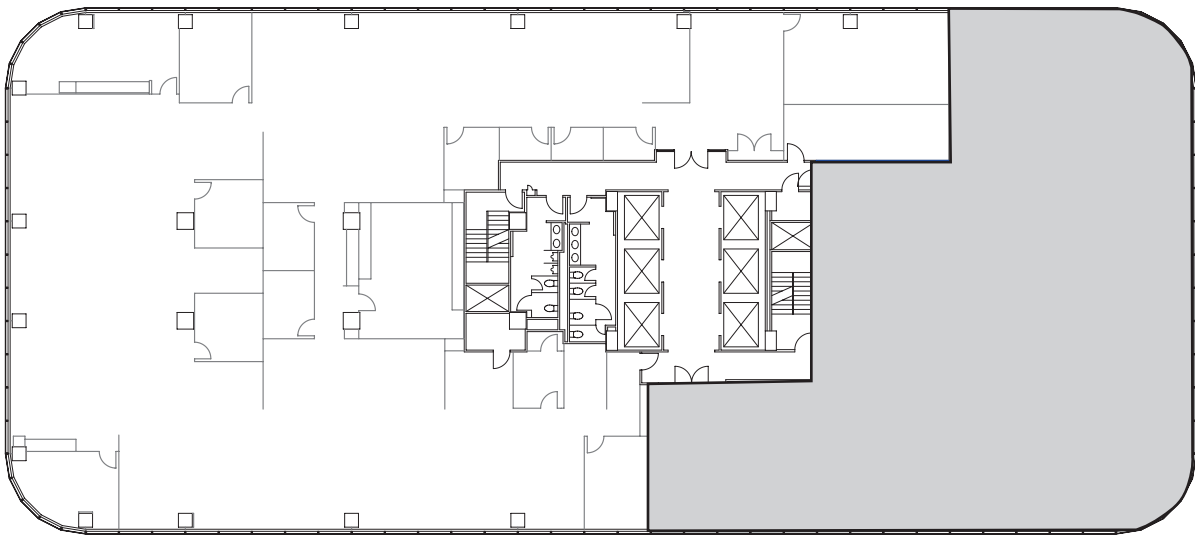


Suite 800

- 13,446 RSF
- Available Now

[▶ VIRTUAL TOUR](#)

VIEWS OF CAPITOL HILL



[BACK TO AVAILABLE SPACE](#)

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

BEACON

BRODERICK
GROUP

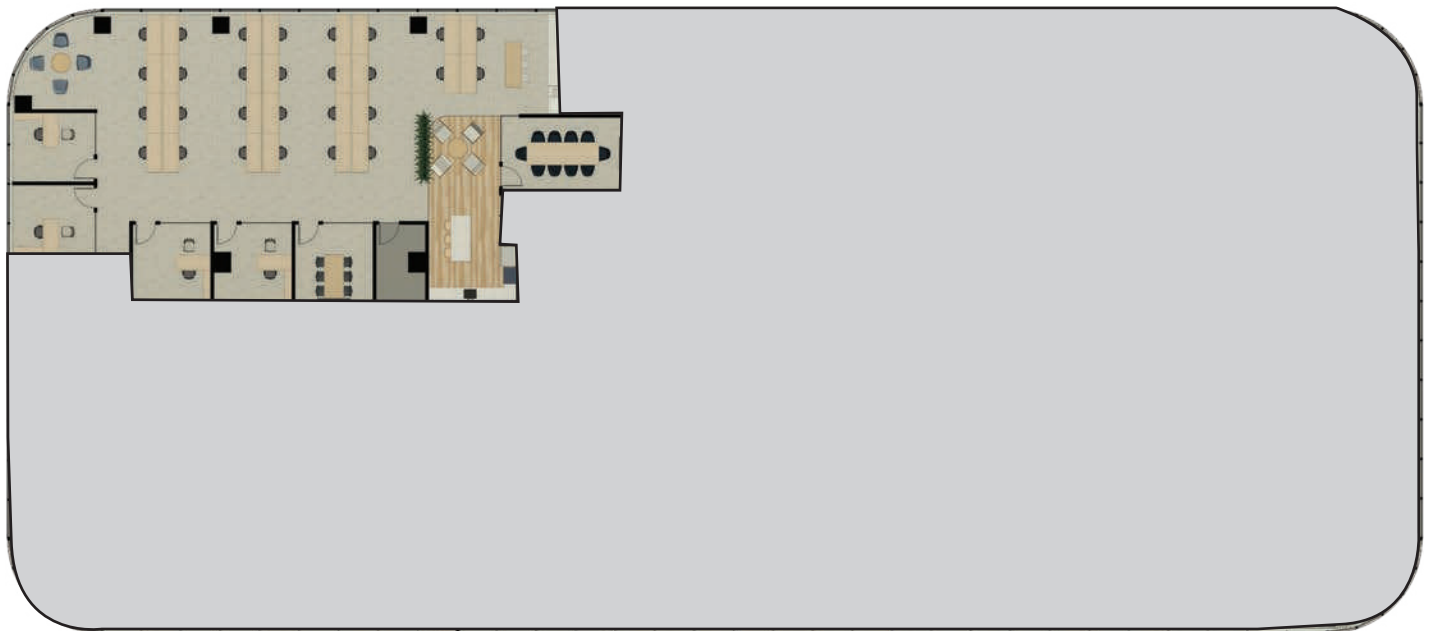
Larry Almeleh | 206.910.0859
almeleh@broderickgroup.com

Lauren Hallgrimson | 206.948.4440
hallgrimson@broderickgroup.com

Suite 910 - Beacon Ready

- 5,615 RSF
- Move-in ready spec suite with furniture and access to exclusive shared amenities on the floor
- Available Now
- [Beacon Ready Marketing Flyer](#)

 [VIRTUAL TOUR](#)

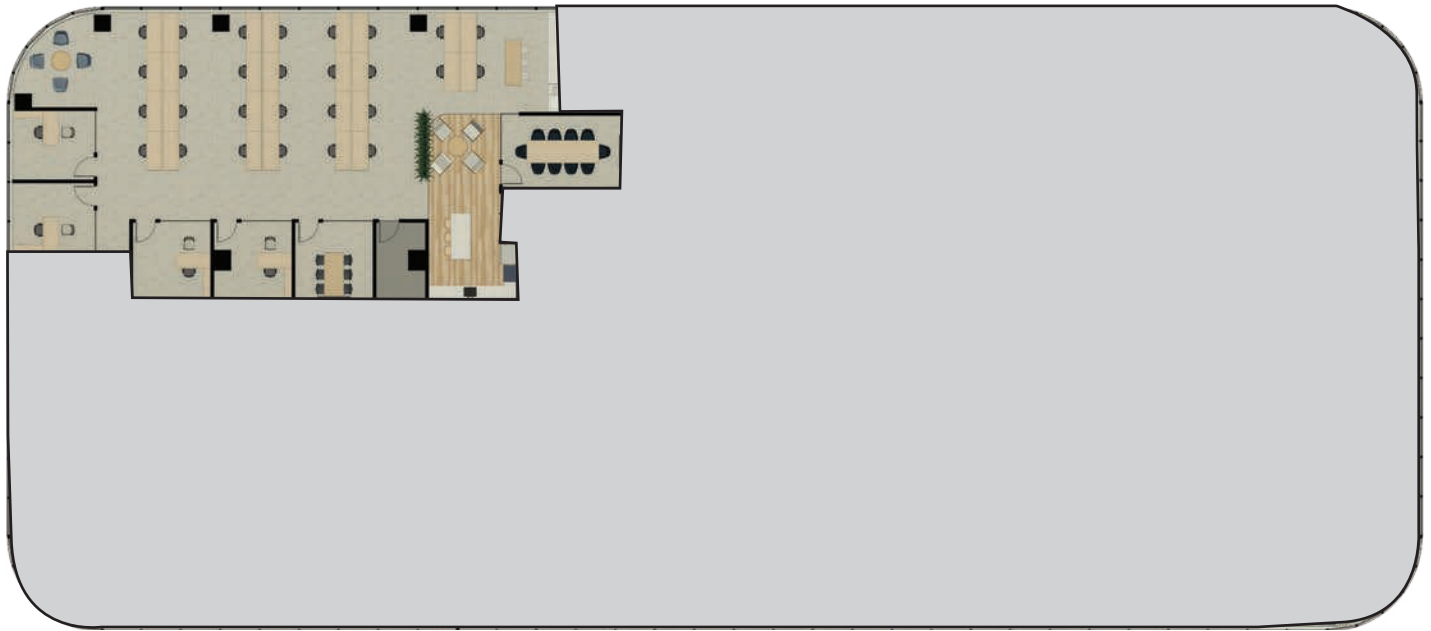


[BACK TO AVAILABLE SPACE](#)

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

Suite 930 - Beacon Ready

- 2,946 RSF
- Move-in ready spec suite with furniture and access to exclusive shared amenities on the floor
- Available Now
- [Beacon Ready Marketing Flyer](#)



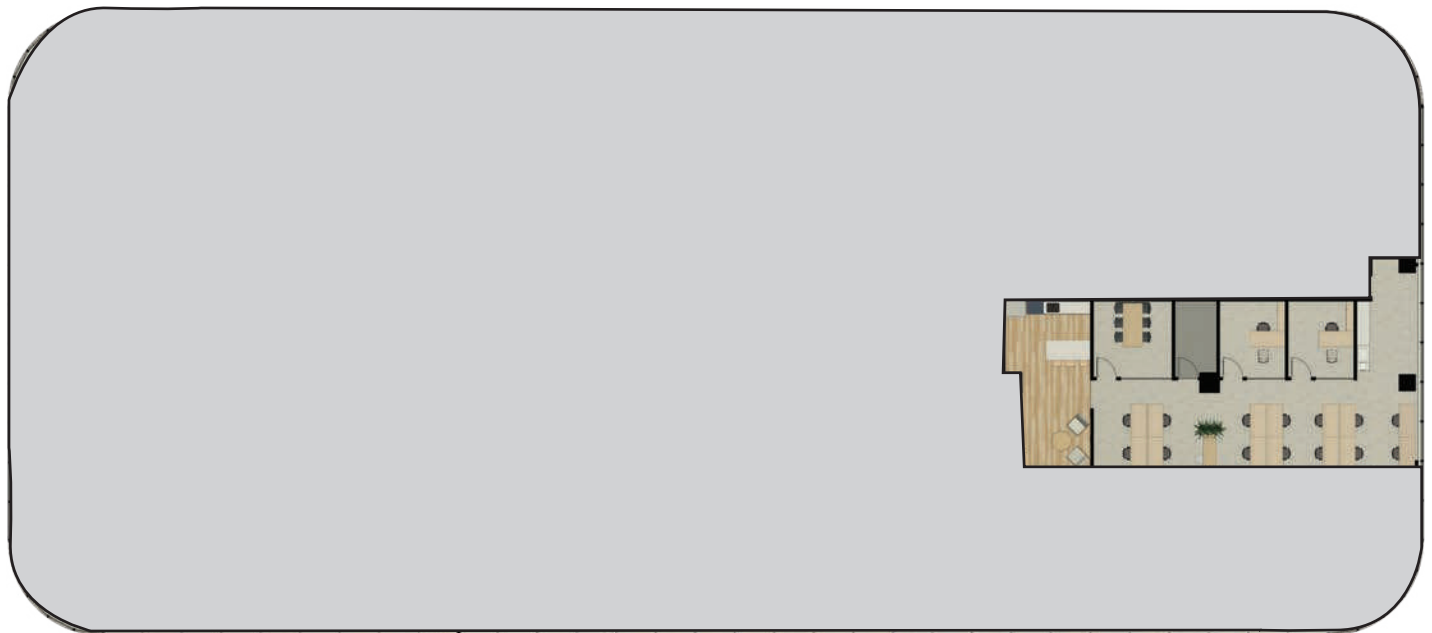
[BACK TO AVAILABLE SPACE](#)


1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

Suite 940 - Beacon Ready

- 2,748 RSF
- Move-in ready spec suite with furniture and access to exclusive shared amenities on the floor
- Available Now
- [Beacon Ready Marketing Flyer](#)

 [VIRTUAL TOUR](#)



 [BACK TO AVAILABLE SPACE](#)

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

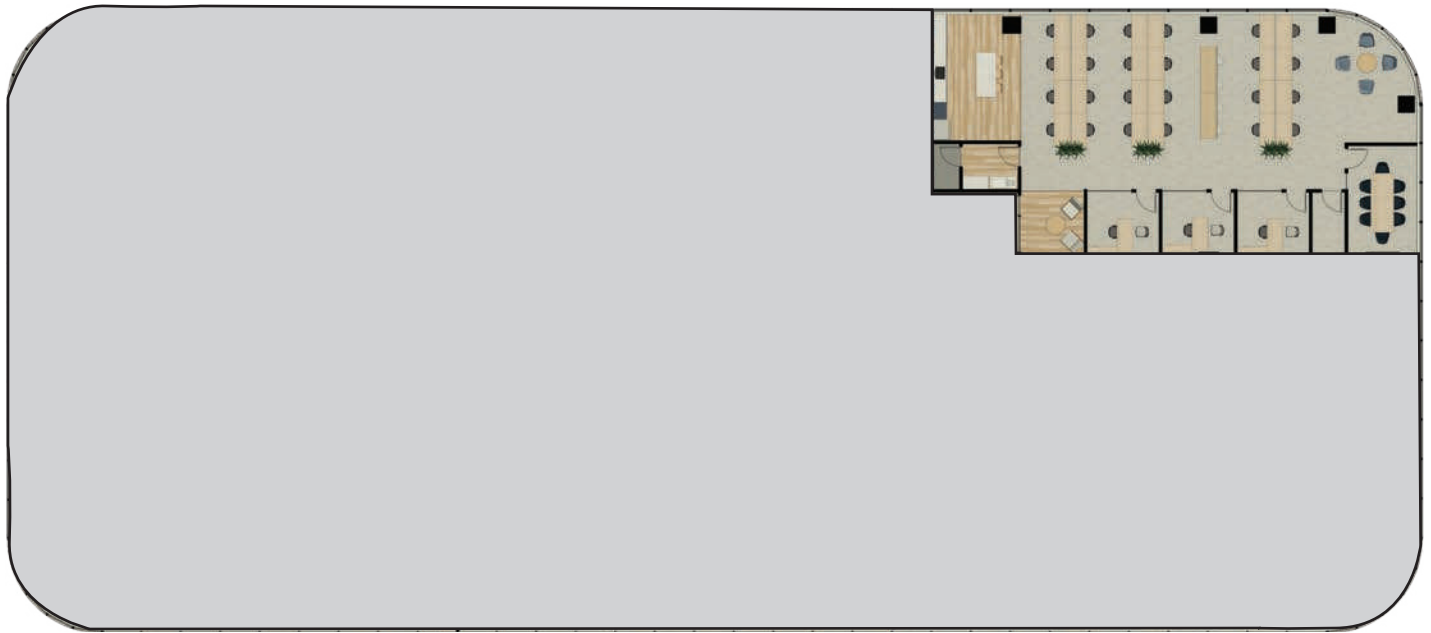
West Building



Suite 950 - Beacon Ready

- 4,123 RSF
- Available Now
- [Beacon Ready Marketing Flyer](#)

[▶ VIRTUAL TOUR](#)



[↑ BACK TO AVAILABLE SPACE](#)

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

BEACON

BRODERICK
GROUP

Larry Almeleh | 206.910.0859
almeleh@broderickgroup.com

Lauren Hallgrimson | 206.948.4440
hallgrimson@broderickgroup.com

West Building

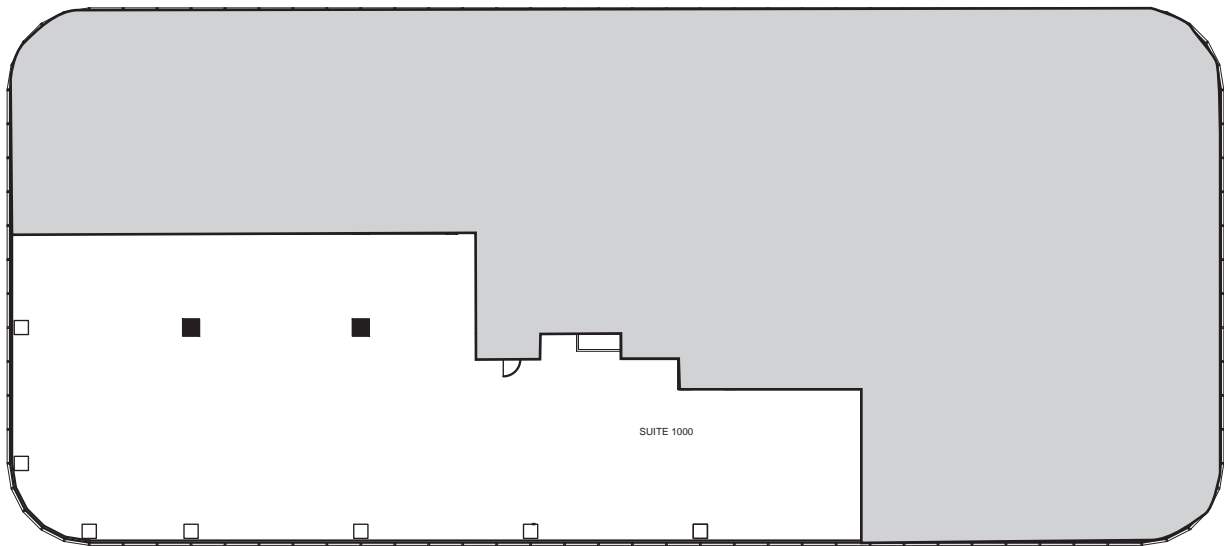


Suite 1000

- 7,877 RSF
- Available Now

[▶ VIRTUAL TOUR](#)

VIEWS OF CAPITOL HILL



[BACK TO AVAILABLE SPACE](#)

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

BEACON

BRODERICK
GROUP

Larry Almeleh | 206.910.0859
almeleh@broderickgroup.com

Lauren Hallgrimson | 206.948.4440
hallgrimson@broderickgroup.com

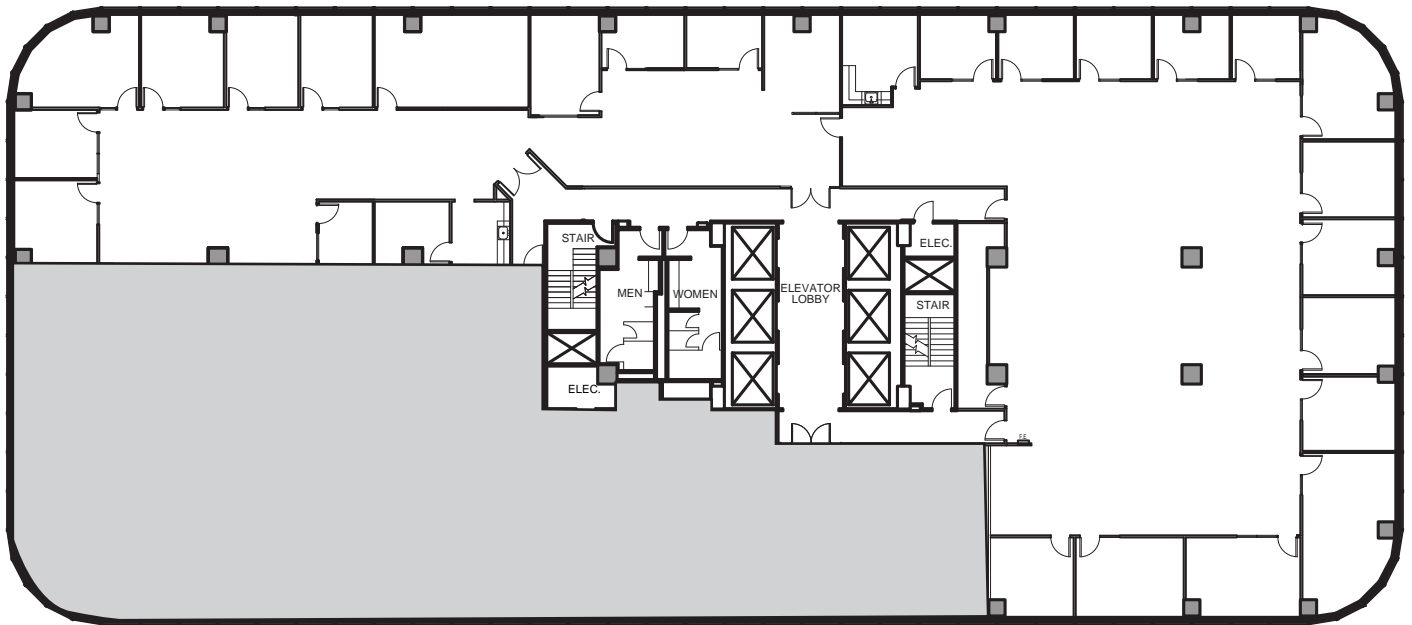
West Building



Suite 1030

- 13,334 RSF
- Available Now

[▶ VIRTUAL TOUR](#)



[↑ BACK TO AVAILABLE SPACE](#)

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

BEACON

BRODERICK
GROUP

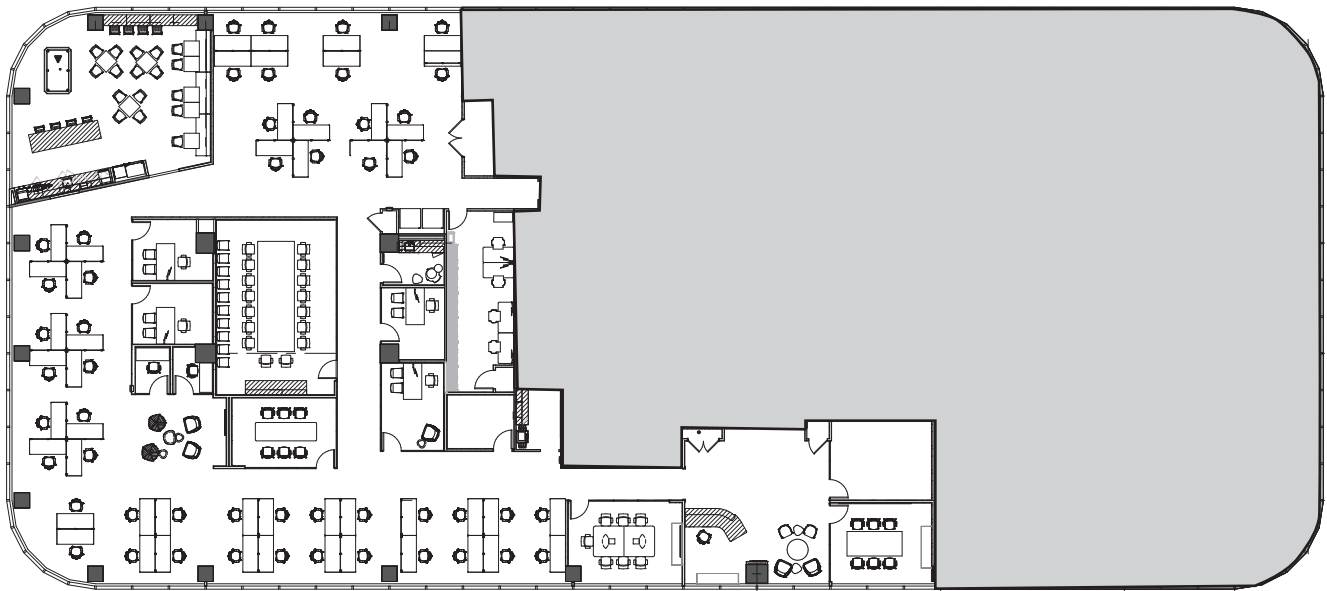
Larry Almeleh | 206.910.0859
almeleh@broderickgroup.com

Lauren Hallgrimson | 206.948.4440
hallgrimson@broderickgroup.com

Suite 1100

- 11,078 RSF
- Move-in ready with furniture
- Available Now

 [VIRTUAL TOUR](#)



[BACK TO AVAILABLE SPACE](#)

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com


Suite 1150

- 9,569 RSF
- Move-in ready spec suite
- Available Now

 **VIRTUAL TOUR**

VIEWS OF CAPITOL HILL



 **BACK TO AVAILABLE SPACE**

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

West Building

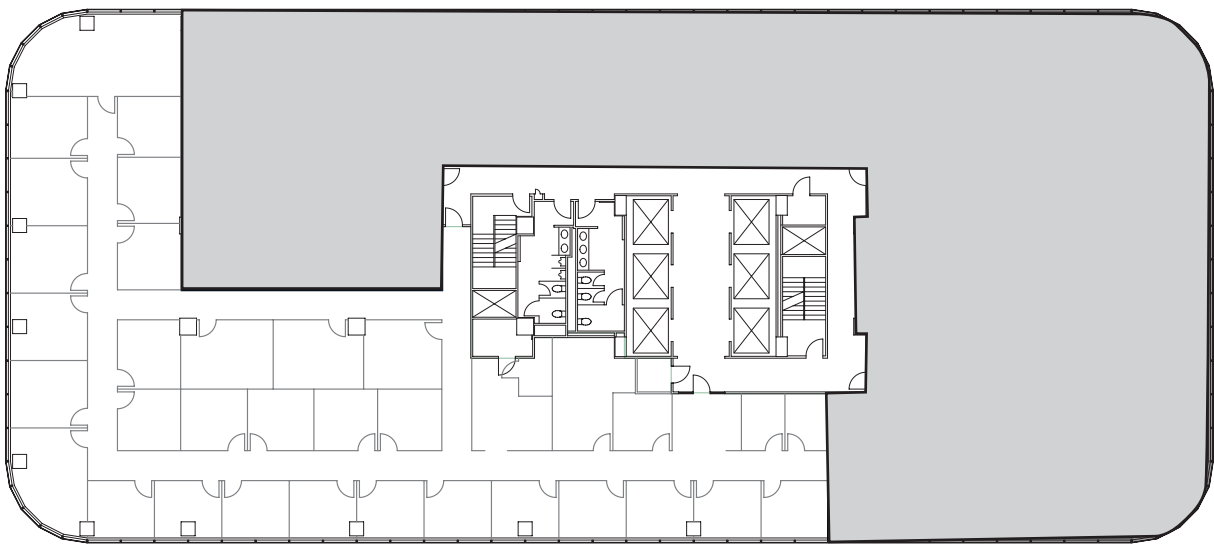


Suite 1200

- 8,579 RSF
- Available Now

[▶ VIRTUAL TOUR](#)

VIEWS OF CAPITOL HILL



[BACK TO AVAILABLE SPACE](#)

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

BEACON

BRODERICK
GROUP

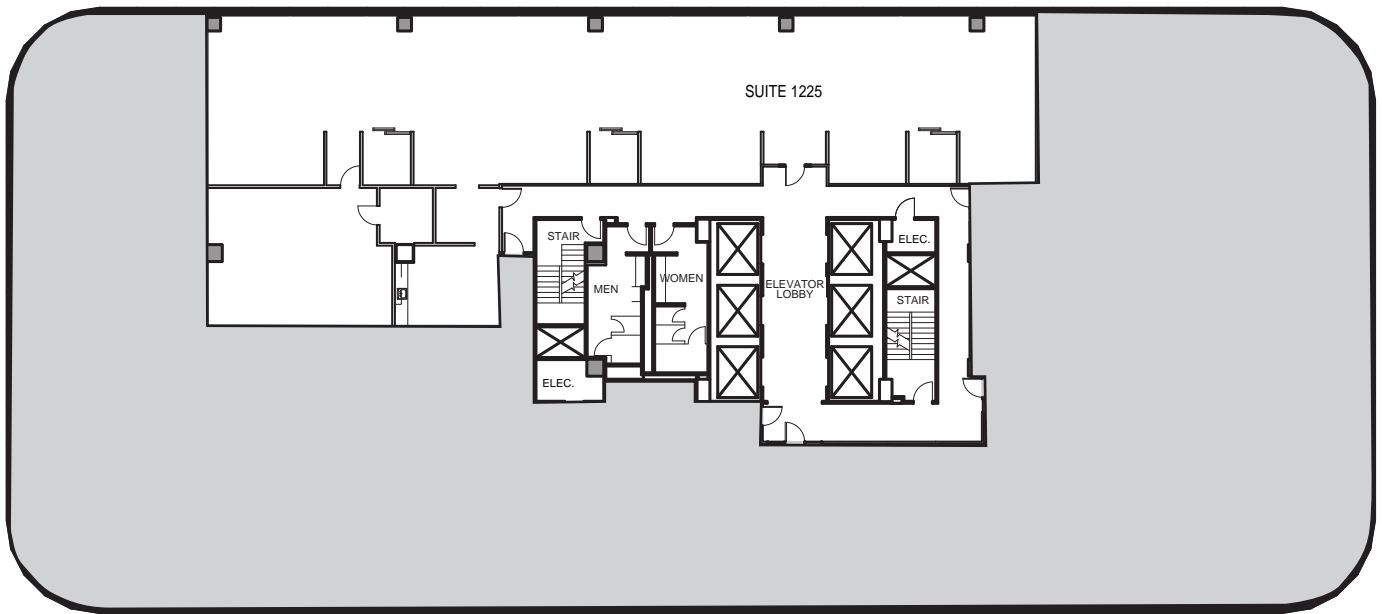
Larry Almeleh | 206.910.0859
almeleh@broderickgroup.com


Lauren Hallgrimson | 206.948.4440
hallgrimson@broderickgroup.com

Suite 1225

- 5,488 RSF
- Available Now

 **VIRTUAL TOUR**



 **BACK TO AVAILABLE SPACE**

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

West Building

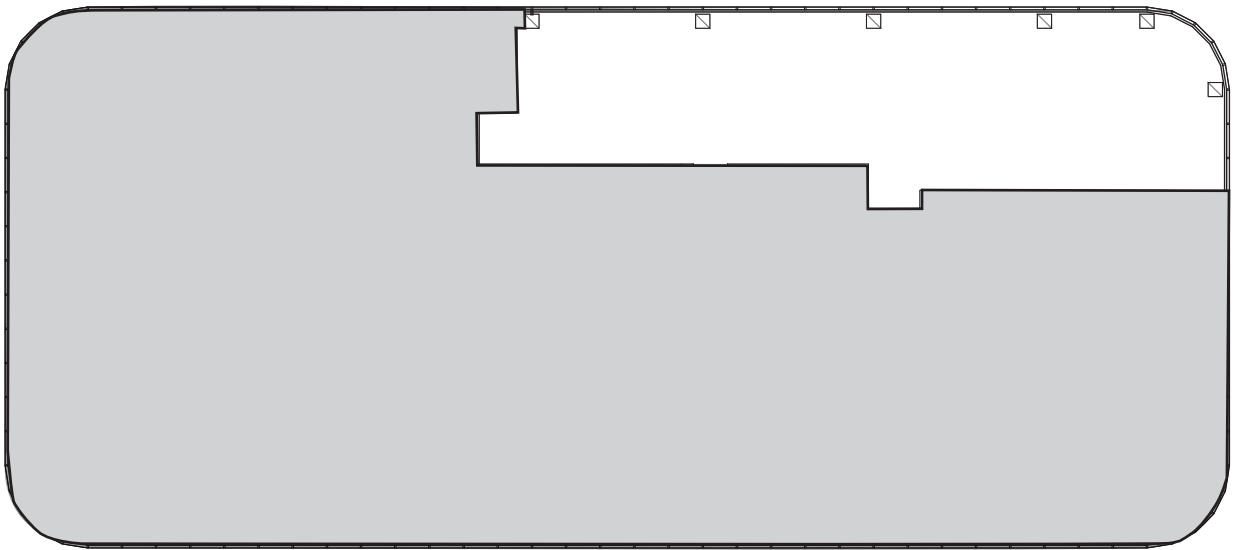


Suite 1550

- 4,435 RSF
- Available Now

[▶ VIRTUAL TOUR](#)

VIEWS OF CAPITOL HILL



[↑ BACK TO AVAILABLE SPACE](#)

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

BEACON

BRODERICK
GROUP

Larry Almeleh | 206.910.0859
almeleh@broderickgroup.com

Lauren Hallgrimson | 206.948.4440
hallgrimson@broderickgroup.com

West Building

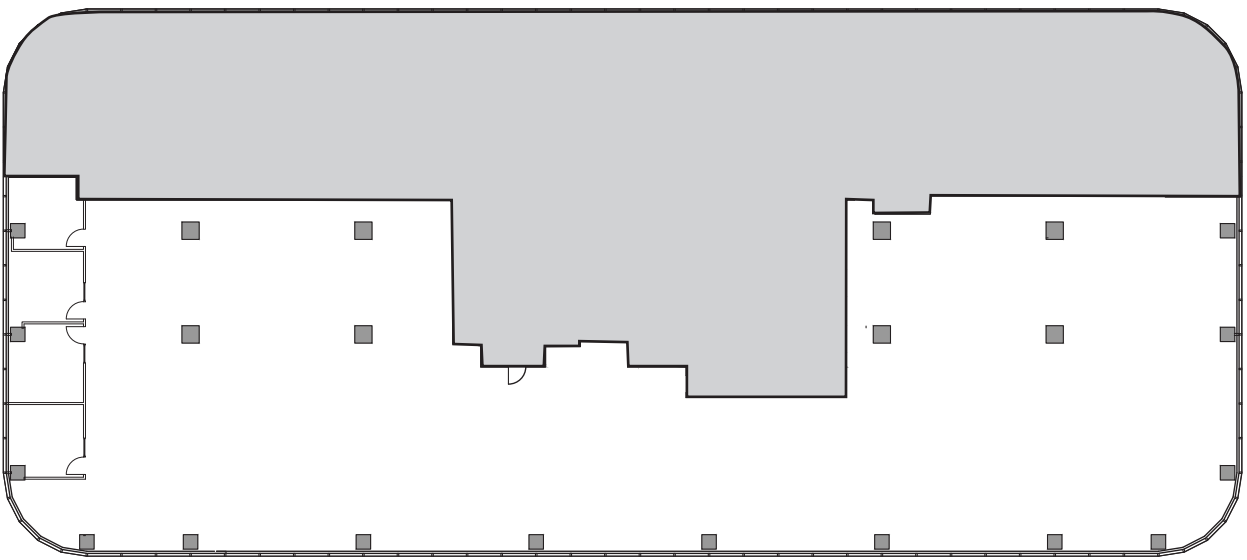


Suite 1580

- 13,505 RSF
- Available Now

[▶ VIRTUAL TOUR](#)

VIEWS OF CAPITOL HILL



[↑ BACK TO AVAILABLE SPACE](#)

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

BEACON

BRODERICK
GROUP

Larry Almeleh | 206.910.0859
almeleh@broderickgroup.com

Lauren Hallgrimson | 206.948.4440
hallgrimson@broderickgroup.com

West Building

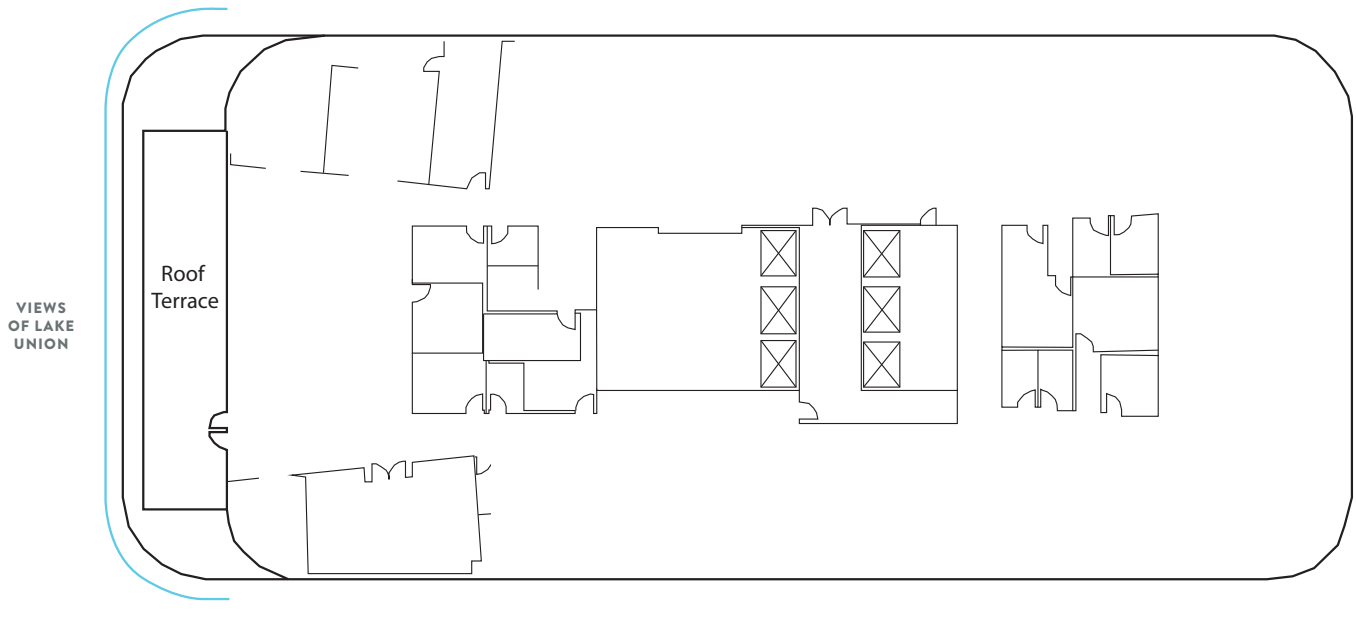


Suite 1600

- 20,965 RSF
- Available Now

[▶ VIRTUAL TOUR](#)

VIEWS OF CAPITOL HILL



VIEWS OF LAKE UNION

[↑ BACK TO AVAILABLE SPACE](#)

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

BEACON

BRODERICK
GROUP

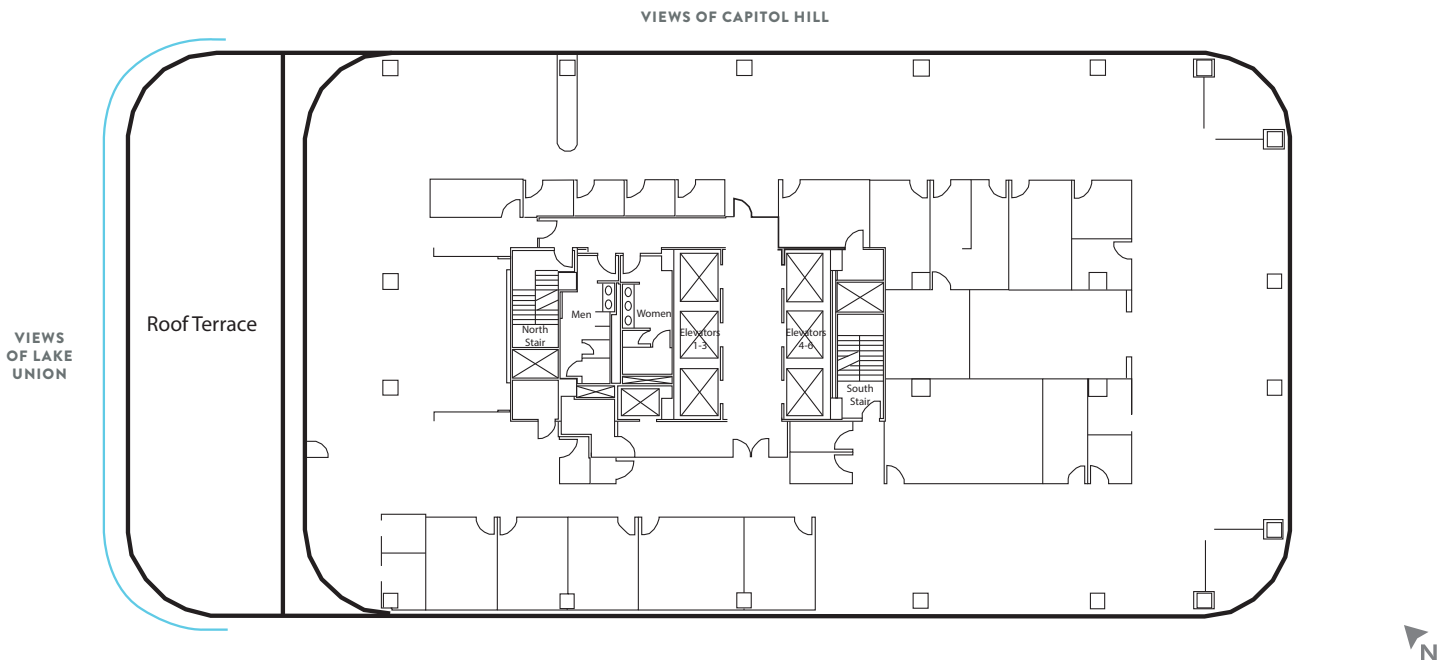
Larry Almeleh | 206.910.0859
almeleh@broderickgroup.com


Lauren Hallgrimson | 206.948.4440
hallgrimson@broderickgroup.com

Suite 1700

- 16,474 RSF
- Move-in ready spec suite with furniture and private deck
- Available Now

 **VIRTUAL TOUR**



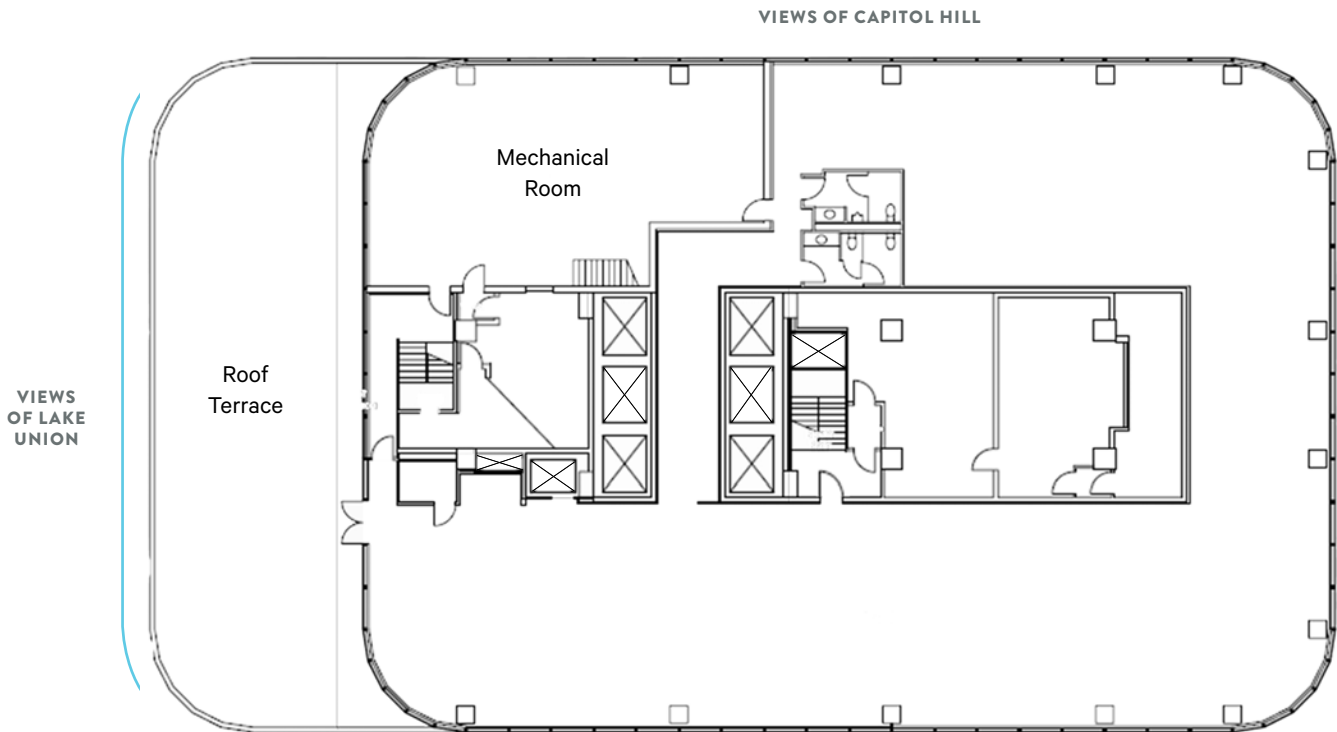
 **BACK TO AVAILABLE SPACE**


1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com

Suite 1800

- 9,295 RSF
- Private deck
- Available Now

 **VIRTUAL TOUR**



 **BACK TO AVAILABLE SPACE**

1100 Olive Way / 1730 Minor Avenue Seattle WA 98101
metparkseattle.com